The Two Moors Way - Itinerary

Day 1 Travel down to Devon.

Arrive at campsite – The River Dart Country Park, Ashburton, Newton Abbot, Devon TQ13 7NP. The campsite has a number of exciting facilities that we may be able to enjoy. There is a licensed bar and restaurant on site. www.riverdart.co.uk The rest of the day is at leisure

Day 2 Wembury to Ivybridge

South Devon provides a gentle introduction to the Coast to Coast Walk. On leaving the coast the walker can enjoy a pleasant exploration of the rolling fields and wooded valleys of the South Hams. The section from Wembury to Ivybridge follows easy and well-signed footpaths and bridlepaths.

The way crosses the Yealm and later the Erme, before turning north through beautiful riverside meadows as the path passes close to Ermington, famed for its crooked church spire. Here the first glimpse of the southern slopes of Dartmoor – Western Beacon, rising high above the town of Ivybridge – will give walkers an idea of what lies in store.

Approx. 14 miles

Day 3 Ivybridge to Scorriton

The first section of the official Two Moors Way, and the most testing on the whole route. The old Redlake Railway is followed for 6 miles north, through barren and lonely moorland. The route then traverses open country, crossing the River Avon via a 19th-century clapper bridge and passing Huntingdon Warren, where rabbits were farmed from the mid 13th century to the 1950s. The pretty village of Holne comes as welcome relief!

Approx. 12 miles

Day 4 Scorriton to Widdecombe

A picturesque part of the route, dropping through woodland to cross the Dart at New Bridge (ice cream van at holiday times!). Dr Blackall's Drive is followed high above the Dart Valley, before dropping again to follow the West Webburn river towards the high Hameldown ridge. Here we will detour to Widecombe-in-the-Moor for refreshment and our minibus to take us back to camp.

Approx. 9 miles

Day 5 Widdecombe to Chagford

Keep an eye out for Dartmoor ponies and Highland cattle on this stretch. Grimspound, Dartmoor's best-preserved Bronze Age settlement, is skirted before the trans-moor road is crossed by Bennett's Cross, a 13th-century boundary marker. On Hurston Ridge will be found one of the longest and best-preserved stone rows on Dartmoor. Field paths and woodland tracks pass ancient farmsteads on the way to Chagford Bridge.

Approx. 11 miles

Day 6 Chagford to Westcombe Hill House

A very easy stretch, initially following the River Teign on its way to the spectacular Teign Gorge below Castle Drogo. The route then climbs along the top of the gorge, with wonderful views: a fitting goodbye to the Dartmoor section of the route. Facilities are now very limited, but the walker can enjoy total immersion in the Devon countryside, and exposure to a wide range of unspoiled flora and fauna.

Approx. 11 miles

Day 7 Rest Day and camp moving day. The second campsite is Yeatheridge Farm Caravan and Camping, East Worlington, Crediton, Devon EX17 4TN www.yeatheridge.co.uk Here there are two swimming pools, which will help ease aches and pains from your daily walking, as well as the licensed bar and restaurant.

Day 8 Westcombe Hill House to Black Dog

Back on the trail we head across rolling countryside. Before reaching Morchard Bishop the Tarka Line railway is met at Morchard Road. From the midway village of Morchard Bishop – good pub and excellent village shop, and home to one of the four Two Moors Way marker stones – the way continues through quiet woodland and fields towards Witheridge, but we finish our day in the hamlet of Black Dog.

Approx. 11 miles

Day 9 Black Dog to Knowstone

It's a very quiet stretch, encountering only farmsteads and the hamlet of Washford Pyne, home to St Peter's Church. The old coaching town of Witheridge once had four pubs and regular fairs and markets, but now has only one pub and two shops. On leaving Witheridge the path crosses Bradford Moor, unimproved pasture rich with wild flowers. Quiet lanes are followed for a few miles towards the two Knowstone moors (SSSIs), now intersected by the North Devon link road, under which the Two Moors Way passes. The only hamlet on this section is at the end: tiny Knowstone with its 15th-century church and pub.

Day 10 Knowstone to Withypool

At last Exmoor is reached. The route becomes more taxing as Exmoor's southern slopes are reached, with good views south towards Dartmoor. Once again there are no facilities on this section. Despite being the Devon Coast to Coast the walk from Hawkeridge the Two Moors Way enters Somerset! From the ridgetop settlement of Hawkridge the trail descends to cross the medieval clapper bridge across the Barle: the famous Tarr Steps. An easy riverside path then leads the walker all the way to the pretty village of Withypool, once the headquarters of Exmoor's Royal Forest: for several centuries the twice-yearly Royal Court was held just upstream at Landacre Bridge.

Approx. 14 miles

Day 11 Withypool to Simonsbath

A delightful section of the route following the Barle river valley. The trail passes through moorland and rough farmland, mainly staying above the river, with great views down to the idyllic Landacre Bridge and occasionally dropping down to walk beside the water. The scenery gets more and more dramatic as you approach Cow Castle, an iron Age hillfort, before passing the remains of the Wheal Eliza iron ore mine and following the river to the small moorland village of Simonsbath.

Approx. 7 miles

Day 12 Simonsbath to Lynmouth

The final section of the route crosses Exmoor's remotest and wildest country: the Chains, source of the great River Exe. This stage crosses the boundary of the Royal Forest by the Hoaroak, then passes historic Hoar Oak Cottage, built on the site of a medieval farmstead. On re-entering Devon the final stretch enjoys wonderful views across the steep-sided wooded valley of the East Lyn River as it tumbles towards the sea at Lynmouth and the end of the walk.

Approx. 12 miles

Day 13 Strike camp and travel home